

SOPHIE'S

BRUNCH MENU

72hr Sourdough Focaccia, rosemary
& extra virgin olive oil (1A, 4) **5**

THE DEAN SPECIALS

Beef Burger,
Bacon & Red Cheddar, Fries,
Ballymaloe Relish, Garlic Mayo
(1A,4,7,9,12,13) **18.95**

Eggs Benedict,
Sourdough Toast, Streaky Bacon,
Poached Eggs, Side of Potatoes,
Hollandaise Sauce
(1A,4,7,12,13) **16.95**

Mushroom & Spinach Hash,
Fried Egg (4,7,9,13) **16.95**

Bandon Beef Steak Sandwich,
Caramelised Onion, Mustard Mayo,
Cheese, Sourdough, Fries
(1A,4,7,9,12,13) **19.95**

Bishopstown Spiced Beef Toastie,
Ballymaloe Relish,
Smoked Gubeen Cheese, Fries
(1A,4,7,9,12,13) **16.95**

Tempura Hake,
Pea & Mint Puree,
Caper & Lemon Mayo, Fries
(1A,7,8,12,13) **19.95**

**Ballycotton Smoked
Salmon Eggs Royale**
Muffin, Hollandaise Sauce,
Baby Potato (1A,4,7,8,9,12,13) **16.95**

Waffles,
Tanora Sauce, Cream & Berries
(1A,4,13) **14.95**

Tanora Glazed Crispy Chicken Burger,
Hot Sauce, Lettuce & Tomato,
Garlic Mayo, Fries
(1A,4,7,9, 12,13) **18.95**

HEALTHY OPTIONS

Kale Caesar Salad, Lemon, Green Chilli, Cantabrian Anchovies (1A,4,7,8,12,13) **14/26**

Add Chicken **+8**

Add Atlantic **+10**

Buffalo Burrata, Green Godless, French Peas (4) **14**

MUST HAVES

Grilled Broccoli, Ranch Sauce & Almond Crumb (3A,4,7,12, 13) **7**

Side Salad, Pesto, Basil Oil (12,13) **6**

Crispy Garlic Potato (4) **6**

Truffle & Parmesan Fries (4,7,12) **7**

ALLERGEN: **1**-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), **2**-Peanuts, **3**-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), **4**-Milk, **5**-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), **6**-Mollusc, **7**-Eggs, **8**-Fish, **9**-Celery, **10**-Soya, **11**-Sesame Seeds, **12**-Mustard, **13**-Sulphur Dioxide & Sulphites, **14**-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

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