

# SOPHIE'S

## LUNCH MENU

Ciabatta Bread & Dips (1A,4,10) 6.00

### APPETIZERS

Herb-Crusted Calamari, Spicy  
Tomato Sauce &  
Grainy Mustard Aioli  
(1A,4,7,8,12,13) 16.00

Sophie's Signature Soup,  
Oatmeal Soda Bread & Butter  
(1A,1F,4,9) 8.95

Endive & Radicchio Salad,  
Truffle Dressing, Gorgonzola  
(1A,3B,4,10,13) 15.00

Arancini Truffle,  
Rocket, Parmesan  
(1A,4,7,13) 12.00

Wild Mushroom Risotto,  
Crispy Garlic & Parsley  
(4,13) 16.00

### THE MAINS

Chicken, Bacon & Cheese  
Burger, Tomato, Gem,  
Hot Sauce & Fries, Garlic Mayo  
(1A,4,7,9,12,13) 18.95

Irish Beef Burger, Tomato,  
Bacon & Cheese,  
Garlic Mayo & Fries  
(1A,4,7,9,12,13) 18.95

Vegetarian Burger, Tomato,  
Leaves, Relish, Slaw Salad & Fries  
(1A,9,13) 16.95

BLT On Sourdough, Garlic Mayo  
& Fries (1A,4,7,10,12,13) 15.95

Spiced Beef Toastie, Ballymaloe  
Relish, Smoked Gubeen Cheese,  
Fries (1A,4,7,9,12,13) 16.95

Braised Feather Blade,  
Mushrooms, Potatoes,  
Seasonal Veg, Pepper sauce  
(4,9,13) 23.95

The Dean Fish & Chips,  
Crushed Peas, Tartar, Fries  
(1A,4,7,8,9,12,13) 19.95

Spaghetti Puttanesca,  
Nocellara Olives, Capers,  
Basil  
(1A,4,13) 22.00

### MUST HAVES

Dirty Fries, Hot Sauce & Bacon (4,7,13) 6.00  
Seasonal Veg, Toasted Almond Flakes (3A,4) 6.00  
Side Salad, Pesto, Basil Oil (12,13) 6.00  
Buttered Baby Potatoes (4) 6.00

**ALLERGEN:** 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

**A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE**

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