

SOPHIE'S

LUNCH MENU

Ciabatta Bread & Dips (1A,4,10) 6.00

APPETIZERS

Gem Salad, Grilled Chicken,
Smoked Bacon, Spinach Mayo,
Parmesan Cheese, Croutons
(1A,4,7,10,12) 13.95

Leek Risotto, Marinated Porcini
Mushrooms, Leek Salad, Crispy
Garlic (4,13) 16.00

Endive & Radicchio Salad, Truffle
Dressing, Gorgonzola
(1A,3B,4,10,13) 15.00

Sophie's Signature Soup,
Oatmeal Soda Bread & Butter
(1A,1F,4,9) 8.95

Confit Duck Leg, Spiced
Cherry Sauce, Cabbage,
Jalapeno & Herb Slaw,
Chardonnay Vinaigrette
(12,13) 17.00

THE MAINS

Chicken, Bacon & Cheese
Burger, Tomato, Gem, Hot
Sauce & Fries, Garlic
Mayo (1A,4,7,9,12,13) 18.95

Irish Beef Burger, Tomato,
Bacon & Cheese,
Garlic Mayo & Fries
(1A,4,7,9,12,13) 18.95

Linguine Cacio e Pepe
with Corn & Sprouts
(1A,4,10,12,14) 22.00

BLT On Sourdough, Garlic Mayo
& Fries (1A,4,7,10,12,13) 15.95

Vegetarian Burger, Tomato,
Leaves, Relish, Slaw Salad & Fries
(1A,9,13) 16.95

Spiced Beef Toastie, Ballymaloe
Relish, Smoked Gubbeen Cheese,
Fries (1A,4,7,9,12,13) 16.95

Braised Feather Blade,
Mushrooms, Potatoes, Seasonal
Veg, Pepper sauce (4,9,13) 23.95

The Dean Fish & Chips, Crushed
Peas, Tartar, Fries
(1A,4,7,8,9,12,13) 19.95

MUST HAVES

Dirty Fries, Hot Sauce & Bacon (4,7,13) 6.00
Seasonal Veg, Toasted Almond Flakes (3A,4) 6.00

Side Salad, Pesto, Basil Oil (12,13) 6.00
Buttered Baby Potatoes (4) 6.00

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

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