

SOPHIE'S

BRUNCH MENU

Garlic Flat Bread & Hummus (1A,10) 7.00

Ciabatta & Dips (1A,4,10) 6.00 V

Beef Burger,
Bacon & Red Cheddar, Fries,
Ballymaloe Relish, Garlic Mayo
(1A,4,7,9,12,13) 18.95

Eggs Benedict,
Sourdough Toast, Streaky Bacon,
Poached Eggs, Side of Potatoes,
Hollandaise Sauce
(1A,4,7,12,13) 16.95

Mushroom & Spinach Hash,
Fried Egg (4,7,9,13) 16.95 V

THE DEAN SPECIALS

Bandon Beef Steak Sandwich,
Caramelised Onion, Mustard Mayo,
Cheese, Sourdough, Fries
(1A,4,7,9,12,13) 19.95

Bishopstown Spiced Beef Toastie,
Ballymaloe Relish,
Smoked Gubbeen Cheese, Fries
(1A,4,7,9,12,13) 16.95

Tempura Hake,
Pea & Mint Puree,
Caper & Lemon Mayo, Fries
(1A,7,8,12,13) 19.95

**Ballycotton Smoked
Salmon Eggs Royale**
Muffin, Hollandaise Sauce,
Baby Potato (1A,4,7,8,9,12,13) 16.95

Waffles,
Tanora Sauce, Cream & Berries
(1A,4,13) 14.95

Tanora Glazed Crispy Chicken Burger,
Hot Sauce, Lettuce & Tomato,
Garlic Mayo, Fries
(1A,4,7,9, 12,13) 18.95

HEALTHY OPTIONS

The Dean Ceasar Salad, Crispy Bacon, Grilled Chicken, Nduja Crumb (1A,7,12,13) 15.95 V

Burrata with Apple Compote, Black Pepper & Basil (1A,4,13) 18.00

MUST HAVES

Grilled Seasonal Veg & Almond Flakes (3A,4) 6.00 **Side Salad,** Pesto, Basil Oil (12,13) 6.00

Dirty Fries, Hot Sauce & Bacon (4,7,13) 6.00 **Buttered Baby Potatoes** (4) 6.00

**V- Can be made Vegan- Please ask for more info*

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

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