

SOPHIE'S

2 COURSE 35.00/ 3 COURSE 42.50

APPETIZERS

Sophie's Signature Soup,
Oatmeal Soda Bread & Butter
(1A, 1F, 4, 9)

Chilli & Garlic Prawns, Sourdough
Bread (1A, 4, 5D, 9, 13)

The Dean Chicken Caesar
Salad, Bacon, Parmesan,
Crouton
(1A, 4, 7, 9, 10, 12, 13) V

Green Asparagus & Avocado
Salad, Toasted Crushed Pistachios,
Pecorino Fresco, Lime & Lovage
(3F, 4) V

Confit Duck Salad, Sweet Chilli and
Soya Dressing, Pineapple, Pickled
Ginger, Almonds (3C, 10, 13)

THE MAINS

Grilled Cajun Chicken, Bell
Peppers & Bean Cassole, Tender
Stem Broccoli, Baby Potatoes
(4, 9, 13)

Braised Irish Featherblade of Beef,
Broccoli, Mushroom, Fondant Potato,
Pepper Sauce (4, 9, 13)

Irish Beef Burger, Tomato,
Bacon & Cheese, Chimichuri
Mayo, Fries (1A, 4, 7, 9, 12, 13)

Fresh Casarecce Pasta,
Tender Summer Beans,
Cherry Tomatoes, Basil-
pistachio Pesto (1A, 3F, 4, 7) V

Tempura Fish & Chips, Pea Purée,
Tartar Sauce, Lemon
(1A, 7, 8, 9, 10, 12, 13)

Faroe Island Salmon Crusted with
Herbs, Fragrant Lemon-chili Emulsion,
Caramelized Fennel Grilled Salmon,
Prawns, Red Chili,
(1A, 4, 7, 8, 9, 13)

DESSERTS

Sticky Toffee Pudding,
Butterscotch Sauce,
Vanilla Ice Cream (1A, 4, 7)

Warm Chocolate Brownie, Vanilla
Custard, Strawberry Ice Cream
(1A, 4, 7, 10)

Apple & Winter Berry Crumble,
Vanilla Custard, Strawberry Ice
Cream (1A, 1F, 4, 7)

*V- Can be made Vegan- Please ask for more info

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

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