

SOPHIE'S

SET DINNER MENU

ANTIPASTI ~ TO START

Duck Leg Salad,
Soya & Sweet Chili,
Pineapple, Pickled Ginger,
Toasted Almonds (3A,10,13)

Gem Salad, Grilled Chicken,
Smoked Bacon, Spinach Mayo,
Parmesan Cheese, Croutons
(1A,4,10) V

Burrata with Rhubarb
Compote, Black Pepper &
Basil (1A,4)

Green Asparagus & Avocado
Salad, Toasted Crushed
Pistachios, Pecorino Fresco,
Lime & Lovage (3F,4) V

Sophie's Signature Soup,
Oatmeal Soda Bread & Butter
(1A,1F,4,9)

PORTATA PRINCIPALE ~ MAIN EVENT

Grilled Cajun Chicken, Bell
Pepper & Bean Cassole,
Tender Stem Broccoli,
Baby Potatoes (4,9,13)

Braised Feather blade of Beef,
Tender stem, Fondant Potato,
Mushroom,
Pepper Sauce (4,9,13)

Faroe Island Salmon Crusted
with Herbs, Fragrant Lemon-chili
Emulsion, Caramelized Fennel,
Baby Potatoes
(1A,3G,7,8,13)

Fresh Casarecce Pasta, Tender
Summer Beans, Cherry
Tomatoes, Basil-pistachio Pesto
(1A,3F,4,7) V

Braised Irish Pork Belly, Black
Pudding, Carrots, Fondant
Potato, Apple Glaze
(1A,1F,4,9,13)

Grilled Cod, Crushed Chorizo
Potatoes, Broccoli, Cream
Sauce (4,8,9,12,13)

MUST HAVES

Dirty Fries, Hot Sauce & Bacon (4,7,13) 6.00

Grilled Broccoli Tender stem & Carrots, Almond Flakes (3A,4) 6.00

Buttered Baby Potatoes (4) 6.00 Side Salad, Pesto, Basil Oil (12,13) 6.00

*V- Can be made Vegan- Please ask for more info

DESSERTS

Apple & Winter Berry Crumble,
Vanilla Custard, Strawberry Ice
cream (1A,1F,4,7)

Warm Chocolate Brownie,
Vanilla Custard,
Strawberry Ice Cream
(1A,4,7,10)

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes.

All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

SOPHIE'S

