

SOPHIE'S

LUNCH MENU

Ciabatta Bread & Dips (1A,4,10) 6.00

APPETIZERS

The Dean Chicken Ceasar Salad,
Crispy Bacon, Nduja Crumb
(1A,4,7,10,12) 14.95

Irish Feta Cheese, Salad,
Cucumber, Barley, Mixed Leaves,
Beetroot Glaze (1A,4,9,10,13) 13.95

Chilli & Garlic Prawns, Flatbread
(1A,4,5D,9,13) 14.95

Sophie's Signature
Soup, Oatmeal Soda Bread & Butter
(1A,1F,4,9) 8.95

Confit Duck Leg Salad, Sweet Chilli
& Soya Dressing, Pineapple,
Pickled Ginger, Roast Almonds
(3A,10,13) 14.95

THE MAINS

Chicken, Bacon & Cheese
Burger, Tomato, Gem, Hot Sauce
& Fries, Garlic Mayo
(1A,4,7,9,12,13) 17.95

Irish Beef Burger, Tomato, Bacon
& Cheese, Chimichurri Mayo &
Fries (1A,4,7,9,12,13) 18.95

Prawn & Nduja Cream Rigatoni,
Rocket & Parmesan (1A,4,5D,7,9,13)
21.95

BLT On Sourdough, Maple Mayo &
Fries (1A,4,7,10,12,13) 15.95

Cuban Sandwich, Pork Belly Salami,
Applewood Cheese, Pickles, Cajun
Mayo, Sourdough Bread, Fries
(1A,4,9,12,13) 15.95

Braised Feather Blade,
Mushrooms, Potatoes, Broccoli,
Pepper sauce (4,9,13) 23.95

The Dean Fish & Chips, Crushed
Peas, Tartar, Fries (1A,4,9,12,13) 19.95

MUST HAVES

Truffle & Parmesan Fries (4) 6.00 Dirty Fries, Hot Sauce & Bacon (4,7,13) 6.00
Onion Rings, Hot Sauce (1A,4,9,13) 6.00 Grilled Broccoli & Carrots, Toasted Almond Flakes (3A,4) 6.00
Pulled beef & Pepper Sauce Baby Potatoes (4,1A,9,14) 7.95
Buttered Baby Potatoes (4) 6.00 Side Salad, Pesto, Basil Oil (12,13) 6.00

Vegan/Veggie? Green Menu available!

ALLERGEN: **1**-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), **2**-Peanuts, **3**-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), **4**-Milk, **5**-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), **6**-Mollusc, **7**-Eggs, **8**-Fish, **9**-Celery, **10**-Soya, **11**-Sesame Seeds, **12**-Mustard, **13**-Sulphur Dioxide & Sulphites, **14**-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

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