

SOPHIE'S

STARTERS

Soup of Day (1A,1D,4)
Cantaloupe Melon Bowl
Veg Salad/ Olive Oil

THE MAINS

Sausage's, Baby Potatoes & Gravy (1A,4,9,13)
Goujons & Fries(1A,4,7)
Burger Chips (1A,4,7)
Fish & Chips (1A,4,8)

DESSERTS

Fresh Cream, Meringue & Berry Compote (4,7)
Chocolate Brownie & Vanilla Ice Cream (1A,4,7)
Selection of Ice Cream (4,7)

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes.

All our Beef is Irish sourced. All our Beef is 100% Irish Origin.



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