

SOPHIE'S

DINNER MENU

Ciabatta, Nduja Butter (1A,4) 6.00 Ciabatta, Soda Bread, Red Pesto, Hummus (1A,4,10) 7.00

ANTIPASTI ~ TO START

Apple & Maple Glazed Pork Belly,
Grilled Prawns (5D,10) 14.95

Antipasti Cured Meat Sharing
Platter, Gordal Olives, Cantelope
Melon, Dips, Flatbread (1A,4,10,13)
24.95

Gem Salad, Grilled Chicken,
Smoked Bacon, Spinach Mayo,
Parmesan Cheese, Croutons
(1A,4,10) 13.95

Duck Leg Salad,
Soya & Sweet Chili, Tomato,
Pineapple, Pickle Ginger, Roast
Almonds (3A,10,13) 14.95

Irish Feta, Cherry & Sun-dried
Tomato, Beetroot, Grilled
Sourdough, Rocket (1A,4,13)
13.95

Warm Mackerel Salad, Baby
Potatoes, Tomato, Water cress,
Horseradish Cream
(4,8) 13.95

Sophie's Signature Soup, Oatmeal
Soda Bread & Butter
(1A,1F,4,9) 8.95

PORTATA PRINCIPALE ~ MAIN EVENT

Grilled Blackened Cajun Chicken, Bell
Pepper, Nduja Butter, Tender Stem,
Baby Potatoes (4) 26.95

Charred Pork Chop, Savoy Cabbage,
Bacon And Hanleys Black Pudding
(1A,4,9,13) 28.95

Tiger Prawns, West Cork Chorizo,
Rigatoni, Spinach Mascarpone, Nduja
Crumb (1A,4,5D,7,9,13) 25.95

Braised Irish Feather Blade Of Beef,
Broccoli, Onion Rings, Mushroom,
Pepper Sauce (1A,4,9,13) 26.95

Roast Cod, Smoked
Salmon, Asparagus & Pea Risotto ,
Rocket & Basil Oil
(4,8,9,12,13) 27.95

8oz Fillet Steak, Pepper Sauce
(4,9,13) 40.00

10oz Striploin Steak, Pepper Sauce
(4,9,13) 37.00

10oz Ribeye, Pepper Sauce
(4,9,13) 35.00

**Beef up your Beef -
Add Your Sides**

PIZZA

Sophie's Margherita (1A,4) 16.95 Sophie's Pepperoni (1A,4) 17.50

The Irish,
Black Pudding, Pork
Sausage, Sweet Onion
(1A,4,9,13) 17.95

The Beefy Boy,
Braised Beef & Mushroom
(1A,4,9) 17.95

The Cuban,
Cajun Chicken, Red Pepper, Courgette,
Chilli Flakes (1A,4) 17.95

The Vegan
Falafel, Vegan Halloumi,
Olives, Red Pepper,
Onion, Courgette, (1A)
16.95

MUST HAVES

Sophie's Fries , Garlic Mayo (4,10) 6.00 Truffle & Parmesan Fries (4) 6.00 Dirty Fries, Hot Sauce & Bacon (4,7,13) 6.00
Onion Rings, Hot Sauce (1A,4,9,13) 6.00 Grilled Broccoli Tender stem & Almond Flakes (3A,4) 6.00
Pulled beef, Baby Potatoes, Nduja Crumb (4,1A,9,14) 7.95 Cauliflower Cheese (4,9) 6.00
Macaroni & Cheese (1A,4,9) 6.00 Buttered Baby Potatoes (4) 6.00 Side Salad, Pesto, Basil Oil (12,13) 6.00

VEGAN/ VEGGIE? GREEN MENU AVAILABLE

ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), **2**-Peanuts, **3**-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), **4**-Milk, **5**-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), **6**-Mollusc, **7**-Eggs, **8**-Fish, **9**-Celery, **10**-Soya, **11**-Sesame Seeds, **12**-Mustard, **13**-Sulphur Dioxide & Sulphites, **14**-Lupin.

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. All our Beef is Irish sourced. All our Beef is 100% Irish Origin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

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