

SOPHIE'S

GREEN MENU

VEGETARIAN & VEGAN

Risotto, Mushroom and
Buckwheat, Watercress Salad
(9,13) 15.50

Beetroot, Lentils, Tomato,
Red Pesto Salad (13) 12.50 **V**

Falafel, Hummus, Olives,
Tomato Pizza, (1A) 15.50

Courgette Fritters, Tomato and
Garlic Sauce (1A,9,13) 12.50 **V**

Sweet Potato and Watercress
Gnocchi (1A,4,9,13) 15.50

Smoked Tomato and Burrata
Casarecce Pasta
(1A,4,9,13) 15.50

Sweet Potato, Chick Peas,
Spinach Korma, Rice, Garlic Bread
(1A,3C,9) 16.50

Vegan Sharing Plate, Lentil & Pumpkin
Seed Salad, Beetroot, Falafel, Broccoli,
Hummus, Vegan Halloumi, Kale Pesto,
Onion Marmalade, Grapes,
Swedish Crisp Breads
(1A,9,11,12,13) 21.95 **V**

V = Vegan

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ALLERGEN: 1-Gluten (A-Wheat, B-Spelt, C-Khorasan, D-Rye, E-Barley, F-Oats), 2-Peanuts, 3-Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4-Milk, 5-Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6-Mollusc, 7-Eggs, 8-Fish, 9-Celery, 10-Soya, 11-Sesame Seeds, 12-Mustard, 13-Sulphur Dioxide & Sulphites, 14-Lupin.

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes.

All our Beef is Irish sourced. All our Beef is 100% Irish Origin

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