

SOPHIE'S

LUNCH MENU

Rosemary and Sweet Potato Soup , Coconut, Dukkha, Soda Bread and Glenilen Butter (1a,3b,4,9,11,13)	8.95
Tempura Prawns , Sambal Aioli, Chilli, Scallions (1a, 5d, 7)	14.95
Teriyaki Pork Belly , Pickled Red Cabbage, Apple Gel, Sesame (9, 10, 11, 13)	14.50
Marinated Chicken Caesar salad , Gem, Crostini, Parmesan, Smoked Bacon (1a, 5, 7,8,13)	16.95
To Share- Antipasti Board and Selection of Irish Cheese' , Crusty Bread, Chutney, House Pickles (1a, 4, 12, 13)	22.95
8oz Sirloin Steak , Oyster Mushroom, Burnt Shallot Puree, Hand cut Fries, Peppercorn Sauce. (4, 9, 13)	32.00
12-hour Braised Lamb Shoulder , Pomme Puree, Charred Asparagus, Lamb Jus (4, 9, 12, 13)	26.50
Chicken Supreme , Violetta Potato, Parma Ham, Charred Purple Broccolini, Wild Mushroom Brandy Reduction (4, 9, 13)	27.50
Atlantic Prawn and Mussel Linguine , Chilli, Sea Asparagus, Garlic, Lemon, Pecorino (1a, 4, 5d, 6,7, 9, 10, 12, 13)	25.95
North Atlantic Cod Fillet , Prawn and Chorizo Cassoulet. (4, 5d, 8, 9, 13)	26.95
Butternut Squash and leek Risotto , Toasted Pecan, Cavolo Nero, Cumin Oil (4, 3d, 9, 13)	23.95

PIZZA

Margherita , Fior di Latte, Pomodoro, Basil (1a,4)	17.00
Diavola , Salami, Nduja, Pomodoro Fior di Latte (1a,4)	17.50
Calzone , Stracciatella, Salami, Basil, Pomodoro, Mozzarella (1a,4)	17.50
Contadina , Rocket, Burrata, Bresaola, Pomodoro, Parmesan (1a,4)	17.00
Nerano , Fior di latte, Courgette Cream, Crisp Courgette, Parmesan Reduction (1a,4)	17.00
Panouzzo , Sophie's Parmigiana, Mozzarella (1a,4)	16.00
Amatriciana , Cherry Tomato Datterino, Guanciale, Parmesan, Basil, (1a,4)	17.00

SIDES

Fine Beans Caramelized Onions, Flaked Almonds (3a, 4, 13)	6.95
New Potatoes , Gubbeen Chorizo Butter (4)	6.95
Hand Cut Fries	4.95
Hand Cut Fries , Shaved Parmesan, Truffle Mayonnaise. (4, 7)	5.95
Creamed Mash Potato (4)	4.95
Sophie's House Salad , Pickled Vegetables, Honey Orange Vinaigrette (12,13)	5.95

ALLERGENS: 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macadamia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur dioxide & sulphites, 14 Lupin

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