

# SOPHIE'S

## BREAKFAST MENU

### HEALTHY OPTION

**Paddy O's Porridge**, Mixed Berries, Mixed Seeds, Honey (1F,3A,4) €7.95

**Crunchy Granola**, Mixed Berries, Yoghurt, Honey (1D,1E,1F,4) €8.95

### THE DEAN SPECIALS

**Dean Galway Full Irish**, Egg, Sausage, Bacon, Black and White pudding, Sauteed Potato, Grilled Tomato (1A,1F,4,7,13) €16.95

**Eggs Benedict**, Bacon, Poached Eggs, Sourdough Bread, Hollandaise Sauce. (1A,4,7,13) €13.95

**Eggs Florentine**, Poached Eggs, Sourdough Bread, Spinach, Hollandaise Sauce (1A,4,7,13) €13.95

**Smoked Salmon Bagel**, Oak Smoked Salmon, Chive Cream Cheese, Rocket, Toasted Bagel. (1A,4,7,8, 11,12) €14.95

**French Toast**, Bacon, Maple Syrup, Caramelized Banana Ice-Cream (1A,4,7,13) €13.95

### SIDES

**Home Fries (1A)** €3.50  
**Sausage (1A, 10, 13)** €3.50  
**Crispy Bacon (13)** €3.50  
**Toast (1A)** €2.50  
**Black/White Pudding** €3.50  
(1A, 4, 9, 12, 13)

### DRINKS

**Fresh Orange Juice** €4.50  
**Breakfast Tea** €3.00  
**Americano** €3.00  
**Cappuccino** €3.50  
**Latte** €3.50  
**Espresso** €2.60

ALLERGENS: 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macadamia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur dioxide & sulphites, 14 Lupin

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