

SOPHIE'S

BRUNCH MENU

HEALTHY OPTIONS

Homemade Granola, Natural Yogurt,
Blueberry, Honey
(1D, 1E, 1F, 2, 3A, 3B, 3C, 3D, 3E, 3F, 3G, 4, 13) 9.95

Organic Porridge, Caramelised Bananas,
Peanut Butter
(1A, 1F, 2, 4) 9.50

EGGS

"The Works" Full Irish Breakfast, Toast
(1A, 1E, 1F, 4, 7, 9, 13) 17.50

Sophie's Benedict, Slow Cooked Pulled Ham Hock,
Sourdough, Poached Egg, Hollandaise Sauce
(1A, 4, 7, 9, 12, 13) 16.50

Smoked Salmon, Asparagus, Poached Egg,
Sourdough, Hollandaise Sauce (1A, 4, 7, 8, 9) 17.50

Beetroot Hummus, Quinoa Tabbouleh on Toasted
Sourdough with Avocado and Poached Eggs
(1A, 4, 7, 9, 11, 13) 16.00

MAINS

French Toast with Crispy Bacon,
and Canadian Maple Syrup (1A, 3A, 4, 7, 13) 15.95

Pancake Stack with Hazelnut Cream, Coconut
and White Chocolate Sauce (1A, 3A, 3B, 4, 7, 13) 15.95

Pancake Stack with Crispy Bacon,
and Canadian Maple Syrup (1A, 3A, 3B, 4, 7, 13) 15.95

Sophie's Beef Burger, Bacon, Mature Cheddar, Lettuce,
Tomato, Pickled Cucumber, House Relish and Fries
(1A, 4, 7, 12, 13) 19.95

Buffalo Breaded Chicken Burger, Lettuce,
Blue Cheese Slaw, Fries (1A, 4, 7, 13) 19.50

Vegan Burger, Vegan Cheese, Lettuce, Tomato,
and House Relish Served on a Bagel (1A, 9, 10, 11) 19.00

Baby Potato and Calabrian Sausage Skillet,
White Pudding, Spring Onion, Bell Peppers,
Cheese and Fried Eggs (1A, 1E, 4, 7) 18.50

Caesar Chicken Salad, Crispy Pancetta, Croutons,
Parmesan Cheese (1A, 1E, 4, 7, 8, 12, 13) 18.50

Black Pudding and Poached Egg Salad, Roast Cherry
Tomatoes, Apple, Red Onion, Green Beans,
Honey Lemon Dressing (1A, 1E, 7, 9, 13) 18.00

PIZZAS

Margherita (1A, 4) V 14.95

Tomato Sauce, Mozzarella, Extra Virgin Olive Oil, Fresh Basil

Pepperoni (1A, 4)

Tomato Sauce, Mozzarella, Pepperoni 16.95

Diavola (1A, 4)

Tomato Sauce, Mozzarella, 'Nduja Sausage, Spicy Ventricina Salami, Basil 17.50

Caprese (1A, 4) V

Mozzarella, Cherry Tomato, Basil Pesto, Bocconcini, Extra Virgin Olive Oil 16.50

Sweet Nduja (1A, 4)

Nduja, Tomato Sauce, Scamorza Cheese, Honey, Fresh Basil 17.50

Calzone (1A, 4)

Mozzarella, Tomato Sauce, Ricotta Cheese, Cooked Ham, Parmesan, Basil 17.50

Tronchetto (1A, 4)

Folded Pizza with Mozzarella, Mushroom, Parma Ham, Parmesan, Cherry Tomato,
Rocket Leaves 16.95

SIDES

Skinny Fries (1A) 4.95

Parmesan & Tarragon Fries (1A, 4, 9) 5.95

Chipotle Fries with Crispy Onions (1A, 4, 9) 5.95

Toast (1A, 4) 2.95

Beans 3.50

Smoked Streaky Bacon 3.80

Sausages (1A, 13) 3.60

Black & White Pudding (1A, 1F) 3.90

Avocado 4.95

Side Salad 4.95

Fruit Salad 5.50

Garlic Mayo (7) 1.50

ALLERGENS : 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur Dioxide & Sulphites, 14 Lupin