

SOPHIE'S

LUNCH MENU

STARTERS

Soup of the Day, Soda Bread & Glenilen Butter (1A,1F,4,9)	
Chilli & Garlic Prawns, Tomato, Crusty Baked Bread (1A,4,5D,9,13)	14 5
Ardsallagh Goat's Cheese, Baby Gem, Barley, Crispy Bacon, Grapes, Pine Nuts, Parmesan, Red Pesto (1A,3,4)	14 5
Italian Burrata, Plum Tomato, Sweet Potato, Prosciutto Ham, Green Lentil Salad (1A,4,13)	1 5
Chicken Liver & Jameson Paté, Smoked Red Pepper & Molasses Relish, Sourdough (1A,4,7,13)	13 50

MAINS

Sophie's Bacon & Cheese Burger, Bun, Relish, Onion, Garlic Mayo, Fries (1A,4,7,9,13)	19 5
Chicken Sandwich, Brioche Bun, Onion, Tomato, Hot Sauce, Fries (1A,4,7,9,13)	19 5
South Indian Duck Curry, Pak Choy, Rice, Garlic Bread (1A,3C,4,9)	17 95
Haddock Lightly Battered, Pea Puree, Tartar Sauce, Fries (1A,7,8,9,13)	19 95
Tiger Prawns, Chorizo, Chilli, Red Chard, Sugo Tomato Sauce, Rice, Flat Bread (1A,4,5D,9,13)	1
Slow Cooked Beef, Peas, Onion, Spinach, Casarecce Pasta, Cashew Nuts, Rocket, Parmesan (1A,4,9,13,)	16 5
Dean Chicken Ceasar Salad, Croutes, Grapes, Grilled Bacon, Parmesan, Pine Nuts, Garlic & Spinach Dressing (1A,3,4,7)	16 5
Crispy Pork Belly Gnocchi, Smoked Onion, Tomato, Kale, Peas, Herb Mascarpone (1A,4,9,13)	16 5

Sandwiches

Dean Toastie, Honey Mustard Glazed Ham, Plum Tomato, Aged White Cheddar, Relish (1A,4,12,13)	16 5
Open Goat's Cheese, Tomato, Squash, Olive, Rocket, Flatbread, Fries (1A,4)	16 5
Open Smoked Salmon, Red Pepper Relish, Picked Vegetable Salad (1A,1D,4)	16 5

PIZZA

Sophie's Margherita (1A,4)	1
Press Up Pepperoni (1A,4)	1
Vegan Red Pepper Tapenade, Olives, Artichokes, Courgetts, Rocket (1A)	16 95
Prime Beef, Chorizo(1A,4)	1
Roast Chicken, Bacon, Smoked Onions (1A,4)	1
Nduja, Mushroom, Walnuts, Honey (1A,4)	1

SIDES

Truffle Mayo Fries (7,8)	5 95
Hand Cut Fries	4 95
Dirty Fries (4,7)	5 95
Sophie's Side Salad, Pickled Veg (12,13)	4 95
Baby Potatoes (4)	4 95
Tenderstem Broccoli & Smoked Onion (4)	5 95
Garlic Bread (1A,4)	6 95
Parmesan & Garlic Fries (4,7)	5.95

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ALLERGENS - 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Molluscs, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur dioxide & sulphites, 14 Lupin

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. Please ask our staff should you have additional queries. All our Beef is Irish sourced.

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