

SOPHIE'S

BRUNCH MENU

HEALTHY OPTIONS

Crunchy Oat Granola , Melon, Blueberries, Natural Yogurt (1A,1D,1F,4,11)	10.50
Vegan Oatmeal Milk Pancakes , Berries, Plant Based Yoghurt, Maple Syrup (1A)	14.95

THE DEAN SPECIALS

TheRebelWorks! : Sausages, Streaky Bacon, Fried Egg, Black & White Pudding, Ballymaloe Relish, Toast (1A,1F,4,7,13)	16.95
Buttermilk Chicken Waffle , Smashed Avocado, Hot Sauce, Maple Syrup (1A,4,7,13)	14.95
Eggs Benedict , English Muffin, Glazed Ham, Poached Eggs, Hollandaise (1A,4,7,12,13)	14.95
Belgian Waffles , Berries, Vanilla Whipped Cream, Maple Syrup (1A,4,7)	13.95
Wild Mushroom & Spinach Hash , Fried Eggs (4,7)	14.95
Tiger Prawns & Salmon Pappardelle , Red Pesto & Chard Sauce (1A,4,5D,8,9,13)	15.95
Tempura Haddock , Mint Pea, Caper & Lemon Mayo, Home Cut Chips (1A,7,8,9)	19.95
Sophie's Bacon & Cheese Burger , Bun, Relish, Tomato, Onion, Garlic Mayo, Fries (1A,4,7,9,13)	18.95
Crispy Chicken Sandwich , Brioche Bun, Tomato, Onion, Hot Sauce, Fries (1A,4,7,13)	17.95
Ballycotton Smoked Salmon Flatbread Royale , Hollandaise Sauce (1A,5,7,12,13)	14.95

PIZZA

Sophie's Margherita (1A,4)	14.95
Press Up Pepperoni (1A,4)	16.50
The Cork Goat's Cheese, Tomatoes, Walnuts, Healy's Honey Drizzle (1A,4)	15.95
Parma Ham, Cherry Tomatoes, Shaved Parmesan & Rocket (1A,4)	16.95
Vegan, Red Pepper Tapenade, Olives, Artichokes, Courgette, Rocket (1A)	15.50
Roast Chicken, Confit Garlic, Butternut Squash & Red Chilli Flakes (1A,4)	15.95

SIDES

Toast (1A)	2.95
Sausage (1A,13)	3.95
Streaky Bacon	3.95
Hand Cut Fries	4.50
Parmesan Fries (4)	5.50
Fried Egg (7)	3.95

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ALLERGENS - 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Molluscs, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur dioxide & sulphites, 14 Lupin

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. Please ask our staff should you have additional queries. All our Beef is Irish sourced.

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