

SOPHIE'S

BRUNCH MENU

HEALTHY OPTIONS

Homemade Granola, Natural Yogurt, Blueberry, Honey (1D, 1E, 1F, 2, 3A, 3B, 3C, 3D, 3E, 3F, 3G, 4, 13)	9.95
Organic Porridge, Caramelised Bananas, Peanut Butter (1A, 1F, 2, 4)	9.50

EGGS

"The Works" Full Irish Breakfast, Toast (1A, 1E, 1F, 4, 7, 9, 13)	17.50
Sophie's Benedict, Slow Cooked Pulled Ham Hock, Sourdough, Poached Egg, Hollandaise Sauce (1A, 4, 7, 9, 12, 13)	16.50
Smoked Salmon, Asparagus, Poached Egg, Sourdough, Hollandaise Sauce (1A, 4, 7, 8, 9)	17.50
Beetroot Hummus, Quinoa Tabbouleh on Toasted Sourdough with Avocado and Poached Eggs (1A, 4, 7, 9, 11, 13)	16.00

MAINS

French Toast with Crispy Bacon, and Canadian Maple Syrup (1A, 3A, 4, 7, 13)	15.95
Pancake Stack with Hazelnut Cream, Coconut and White Chocolate Sauce (1A, 3A, 3B, 4, 7, 13)	15.95
Pancake Stack with Crispy Bacon, and Canadian Maple Syrup (1A, 3A, 3B, 4, 7, 13)	15.95
Sophie's Beef Burger, Bacon, Mature Cheddar, Lettuce, Tomato, Pickled Cucumber, House Relish and Fries (1A, 4, 7, 12, 13)	19.95
Buffalo Breaded Chicken Burger, Lettuce, Blue Cheese Slaw, Fries (1A, 4, 7, 13)	19.50

Vegan Burger, Vegan Cheese, Lettuce, Tomato, and House Relish Served on a Bagel (1A, 9, 10, 11)	19.00
Baby Potato and Calabrian Sausage Skillet, White Pudding, Spring Onion, Bell Peppers, Cheese and Fried Eggs (1A, 1E, 4, 7)	18.50
Caesar Chicken Salad, Crispy Pancetta, Croutons, Parmesan Cheese (1A, 1E, 4, 7, 8, 12, 13)	18.50
Black Pudding and Poached Egg Salad, Roast Cherry Tomatoes, Apple, Red Onion, Green Beans, Honey Lemon Dressing (1A, 1E, 7, 9, 13)	18.00

PIZZAS

Margherita (1A, 4)	14.95
Pepperoni and Fresh Jalapeños (1A, 4)	15.95
Finocchiona, Cavalo Nero, Red Onion & Goat Cheese (1A, 4)	17.50
Mozzarella, Cherry Tomato, Mixed Olives, Artichoke, Fresh Oregano (1A, 4)	16.50
Mushroom, Prosciutto, Parmesan, Mozzarella, Balsamic, Fresh Rocket (1A, 4, 13)	17.50

SIDES

Skinny Fries	4.95
Parmesan & Tarragon Fries	5.95
Toast (1A, 4)	2.95
Beans	3.50
Smoked Streaky Bacon	3.80
Sausages (1A, 13)	3.60
Black & White Pudding (1A, 1F)	3.90
Avocado	4.95
Side Salad	4.95
Fruit Salad	5.50
Garlic Mayo	1.50

ALLERGENS: 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedonia, H-Walnut),
4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur Dioxide & Sulphites, 14 Lupin