

# SOPHIE'S

## DINNER MENU

### STARTERS

Soup of the Day, Soda Bread & Glenilen Butter (1A,1F,4,9)	7 95
24hr Cooked Beef & Wild Mushroom Risotto Arancini, Gem Leaves, Shaved Parmesan, Smoked Paprika Mayo (1A,4,7,9,13)	1350
Skellig 18 Gin Cured Salmon, Crab, Pickled Cucumber, Brown Bread, Horseradish & Molassas Yoghurt (1A,1F,4,5A,8,13)	12 95
Chicken Liver & Whiskey Pate, Brioche Toast, Orange & Raisin Chutney (1A,4,7,13)	11 95
Ardsallagh Goat's Cheese Salad, Beetroot, Raspberries, Tomatoes, Pine Nuts, Red Pepper & Maple Aioli (3,4)	11 95
Italian Cured Ham, Melon, Rocket Leaves, Red Pesto, Artichoke, Mixed Seed (4,11)	11 95
Antipasti Meat & Cheese Sharing Plate, Flatbread, Dips & Pickled Veg Salad (1A,4,13)	21 95
Garlic & Chilli Prawns, Tomato & Spinach Sauce, Ciabatta Croutes (1A,4,5D,9,13)	13.95

### MAINS

Chicken with Njuda Stuffing, Courgettes, Peas, Spinach & Parmentier Potatoes (1A,4,9,13)	25 95
Roast Pork Belly, Scallops, Black Pudding, Carrot, Apple Purée, Potatoes, Jus Sauce (4,6,9,13)	25 95
Chorizo, Prawns & Calamari Pappardelle, Sugo Tomato Sauce (1A,5D,7,8,9,13)	23 50
Crispy Duck Leg, Seared Duck Breast, Green Lentils, Red Cabbage, Celeriac Purée, Star Anise & Orange Glaze (4,9)	28 95
Barley Risotto, Artichoke, Zucchini, Olives, Basil, Mascarpone (1E,3,4,9,13)	21 95
Chargrilled 10oz Striploin, Smoked Mushrooms & Onion, Roast Carrot, Garlic Potatoes, Pepper Sauce (4,9,13)	35 95
Grilled Salmon, Tempura Seabass, Pea Purée, Lemon Aioli, Confit Diced Potato, Capers Verde (1A,4,8,9,13)	25 95
Grilled Seabass, Arborio Rice, Red Chard, Peas, Fresca Salsa (3,4,8,9,13)	24 95
Surf & Turf Beef Feather Blade, Scallops & Prawn Skewer, Watercress Salad, Sauteed Potatoes, Pepper Sauce (4,5D,9,13)	35 95

### PIZZA

Sophie's Margherita (1A,4)	14 95
Press Up Pepperoni (1A,4)	16 50
The Cork Goat's Cheese, Tomatoes, Walnuts,	15 95
Healy's Honey Drizzle (1A,4)	
Parma Ham, Cherry Tomatoes, Rocket &	16 95
Shaved Parmesan(1A,4)	
Vegan, Red Pepper Tapenade, Olives, Artichokes,	15 50
Courgette, Rocket (1A)	
Roast Chicken, Confit Garlic, Butternut Squash &	15 95
Red Chilli Flakes (1A,4)	

### SIDES

Truffle Mayo Fries (7,8)	5 95
Hand Cut Fries (7)	4 95
Dirty Fries (4,7)	5 95
Sophie's Side Salad, Pickled Veg (12,13)	4 95
BabyPotatoes (4)	4 95
Tenderstem Broccoli & Smoked Onion (4)	5 95
Garlic Bread (1A,4)	6 95
Maple Glazed Carrots, Mixed Seeds (4,11)	5 95
Parmesan & Garlic Fries (4,7)	5 95

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**ALLERGENS** - 1 Gluten (A-Wheat, B-Spell C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Molluscs, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur Dioxide & Sulphites, 14 Lupin  
A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. Please ask our staff should you have additional queries. All our Beef is Irish sourced.

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