

SOPHIE'S

LUNCH MENU

Soup of the Day, Soda Bread & Glenilen Butter (1A,1F,4,9)	7 50
Crispy Battered Haddock, Pea Purée, Tartar Sauce, Fries (1A,4,7,8,9,13)	17 95
Garlic & Chilli Tiger Prawns, Squid, Cherry Tomatoes, Rice, Sourdough (1A,4,5D,8,9,13)	14 95
Grilled Chicken & Vegetable Massaman, Rice, Garlic Flatbread (1A,4,9)	15 95
Chicken Burger, Buffalo Sauce, Tomato Relish, Gem Leaves, Fries (1A,4,7,9,12,13)	15 95
Sophie's Bacon & Cheese Burger, Tomato Relish, Gem Leaves, Fries (1A,4,7,9,12,13)	16 95
Roast Chicken Breast, Gem Leaves, Grapes, Streaky Bacon, Pine Nuts, Parmesan, Garlic & Spinach Mayo (3,4,7)	12 95
Spiced Beef, Smoked Applewood, Red Pepper Relish Sandwich, Pickled Vegetable & Mixed Seed Salad (1A,4,9,13)	12 95
Antipasti Sharing Plate, Cured Meats, Cheese, Dips, Bread Sticks (1A,3,4,13)	17 95
Roast Featherblade of Beef, Broccoli, Wild Mushroom, Smoked Onion & Potatoes, Peppercorn Sauce (4,9,13)	17 50
Smoked Salmon, Capers, Dill Creme Fraiche, Red Onion Flatbread (1A,4,8)	14 50
Pork Belly, Spinach & Tomato Pappardelle, Chestnut Crumb (1A,3H,7,9,13)	13 95

PIZZA

Sophie's Margherita (1A,4)	14 95
New York Pepperoni (1A,4)	16 00
Shredded Beef & Gubbeen Chorizo (1A,4)	16 50
Iberico Ham, Cherry Tomato, Basil, Parmesan & Rocket (1A,4)	16 95
Wild Mushroom, Tomato, Olives, Watercress, Creme Fraiche (1A,4)	15 50
Roast Chicken, Streaky Bacon, Red Onion, Buffalo Sauce (1A,4)	16 50

SIDES

Truffle Mayo Fries (7,8)	5 95
Hand Cut Fries	4 95
Dirty Fries (4,7)	5 95
Sophie's Side Salad, Pickled Veg (12,13)	4 95
Baby Potatoes (4)	4 95
Tenderstem Broccoli & Smoked Onion (4)	5 95
Garlic Bread (1A,4)	6 95
Parmesan & Garlic Fries (4,7)	5 95

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ALLERGENS - 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Crayfish, D-Shrimp), 6 Molluscs, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur dioxide & sulphites, 14 Lupin

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes. Please ask our staff should you have additional queries. All our Beef is Irish sourced.

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