

# SOPHIE'S

## BREAKFAST MENU

### HEALTHY OPTIONS

<b>Crunchy Granola</b> , Mixed Berries, Natural Yogurt, Honey (1A, 1D, 1E, 1F, 4)	7.95
<b>Paddy O's Porridge</b> , Mixed Berries & Mixed Seeds And Honey (1F, 3A, 4)	6.95

### THE DEAN SPECIALS

<b>The "Works"</b> Full Irish Breakfast, Sausage, Smoked Streaky Bacon, Black And White Pudding, Home Fries (1a, 1f, 4, 7, 13)	14.95
<b>French Toast</b> , Fresh Mixed Berries & Whipped Cream <b>or</b> Streaky Bacon & Maple Syrup (1a, 4, 7, 13)	12.95
<b>Vanilla Buttermilk Pancake Stack</b> , Berry Compote, Whipped Cream <b>or</b> Nutella & Toasted Hazelnuts (1a, 3b, 4, 7, 13)	12.95
<b>Eggs Benedict</b> , Irish Glazed Ham, Poached Eggs, Hollandaise (1A, 4, 7, 13)	13.95
<b>Eggs Florentine</b> , Baby Spinach, Poached Eggs, Hollandaise (1A, 4, 7)	12.95
<b>Eggs Royale</b> , Smoked Salmon, Poached Eggs, Hollandaise (1A, 4, 7, 8)	14.95
<b>Avocado Toast</b> , Stacked Crisp Bacon, Poached Eggs, Homemade Spicy Tomato Relish (1A, 4, 7, 12, 13)	13.95
<b>Mushroom &amp; Baby Spinach</b> , Sourdough Toast, Poached Eggs, Hollandaise (1A, 4, 7, 13)	12.95

### SIDES

Sausage (1A, 10, 13)	3.50
Crisp Bacon (13)	3.50
Toast (1A)	2.50
Black/White Pudding (1A, 4, 9, 12, 13)	3.50

[@sophiesrooftop](https://www.sophies.ie) / (01) 091 749210 / [sophies.ie](https://www.sophies.ie)

**ALLERGENS:** 1 Gluten (A-Wheat, B-Spelt C-Khorasan, D-Rye, E-Barley F-Oats), 2 Peanuts, 3 Nuts (A-Almonds, B-Hazelnuts, C-Cashews, D-Pecans, E-Brazil, F-Pistachio, G-Macedemia, H-Walnut), 4 Milk, 5 Crustaceans (A-Crab, B-Lobster, C-Craysh, D-Shrimp), 6 Mollusc, 7 Eggs, 8 Fish, 9 Celery, 10 Soya, 11 Sesame Seeds, 12 Mustard, 13 Sulphur dioxide & sulphites, 14 Lupin

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

All products/dishes are stored, prepared and handled in an environment where food allergens are used. We have implemented controls to reduce the risk of cross contamination but cannot guarantee the absence of allergen transfer. Please see the table above outlining the direct allergens used in our products/dishes.

Please ask our staff should you have additional queries. All our Beef is Irish sourced.

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